

# INVITATION TO ATTEND 2022 HPMI NEWCASTLE WEEKEND

## WHY NOT GAIN CPD POINTS HERE IN NEWCASTLE AND CATCH UP WITH YOUR COLLEAGUES?

On behalf of the Hunter Postgraduate Medical Institute, I wish to invite you to attend our 14<sup>th</sup> Annual Health Care Professionals' Conference and Exhibition which is being held at NEX, Newcastle West on Saturday 6 and Sunday 7 August, 2022. It has been a very difficult couple of years for everyone! It is the end of the triennium so why not get the rest of your CPD points locally at the HPMI Newcastle Weekend. This year the major theme is Obesity. We are all seeing more patients with weight problems. The Weekend will cover many obesity topics. Don't worry if you feel an entire weekend on Obesity is too much, we have other topics that you can attend.

The Plenary for the weekend will be held first thing Saturday morning on [Faecal Transplant and Gut Health](#) presented by Dr Steven Bollipo, Director of Gastroenterology and Endoscopy at the John Hunter Hospital. This presentation will help you understand the basics of Faecal Microbiota transplant and the role of gut microbiome in both GI and non-GI conditions.

### CPD Points:

- RACGP and ACRRM Points are available for this conference. Please indicate preference on Registration Form
- A Certificate of attendance will be provided for registrants of other bodies to apply on their own behalf
- Registrants will have the opportunity to complete an [Accredited Activity](#) (40 CPD RACGP Points) throughout the weekend. – Awaiting approval by RACGP
- **Accredited Activity** Sessions are shaded in blue on the program pages and you must physically attend at least 5 hours of Accredited Activity specified Sessions
- More information regarding the **Accredited Activity** is below

### Registration Fees

- Thanks to support provided by HPMI's Major Sponsor, Valley to Coast Charitable Trust, 2022 HPMI Members may attend the weekend for FREE (except for CPR Session)!
- If you have not done so already, I would encourage you to become a Member of HPMI and take advantage of discounted Membership and attend the weekend for Free.
- GP Registrars, JMOs and Health Students are entitled to Free Membership of HPMI thanks to support from Valley to Coast Charitable Trust, the School of Medicine and Public Health and Hunter New England Health District.



**DR MILTON SALES**, CONFERENCE CONVENOR

## Accredited Activity

### TREATING AND MANAGING OBESE PATIENTS FOR OPTIMAL OUTCOMES


Accredited Activities provide an opportunity for GPs to be awarded **40 CPD points** (formerly Category 1) for activities focusing on his/her personal educational needs. Accredited Activities produce structured, high quality education opportunities that are likely to achieve the aim of generating demonstrable changes in the performance, knowledge, skills, behaviours and attitudes of GPs.

**Accredited Activity** delegates must physically attend a minimum of 5 specified sessions from the blue shaded sessions over the Weekend and complete the below

- |   |   |
|---|---|
| 1. <b>REGISTRATION FORM</b>                         | Indicate you wish to participate in the <b>Accredited Activity</b>                |
| 2. <b>REGISTER FOR Accredited Activity Sessions</b> | You must register for <b>Accredited Activity Sessions</b> for a minimum of 4hours |
| 3. <b>PREDISPOSING ACTIVITY</b>                     | Complete Predisposing Activity on HPMI's Educational Content Website              |
| 4. <b>SIGN IN at each session</b>                   | Sign in at all session you attend for participation purposes                      |
| 5. <b>REINFORCING ACTIVITY</b>                      | Complete Reinforcing Activity on HPMI's Educational Content Website               |
| 6. <b>EVALUATION QUESTIONNAIRE</b>                  | Complete Evaluation Questionnaire at conclusion of meeting                        |

**PLEASE PROVIDE HPMI YOUR EMAIL ADDRESS FOR CORRESPONDENCE**

# SATURDAY 6 AUGUST

8.00am	Registration Desk Opens		
8.45am	WELCOME & INTRODUCTION Dr Chandrasekhara Padmakumar – Chair HPMI		PRACTICE ADMINISTRATION CPD
8.55am	Plenary – FAECAL TRANSPLANT AND THE GUT <i>Dr Steven Bollipo, Director of Gastroenterology and Endoscopy John Hunter Hospital</i>		
10.00am	NON SURGICAL OPTIONS FOR OBESITY <i>(Accredited Activity Session)</i>	ENDOCRINE UPDATE: ADRENAL NODULES, PRIMARY ALDOSTERONISM, HYPERCALCAEMIA	EMPLOYING STAFF IN THE HEALTH AND MEDICAL INDUSTRY
	Mr Mark Leary <i>PhD Candidate (University of Newcastle) Accredited Practising Dietitian Gold Standard Nutrition</i>	Dr Christopher Rowe <i>Staff Specialist Endocrinologist John Hunter Hospital &amp; A/Chair, HNELHD Thyroid Cancer MDT</i>	
11.00am	<b>MORNING TEA BREAK</b>		
11.40am	SURGICAL TREATMENT OF OBESITY AND METABOLIC DISEASE <i>(Accredited Activity Session)</i> <i>Session Sponsored by Newcastle Weight Loss Surgery</i> 	SLEEPINESS AND FATIGUE – IN THE EYES OF A SLEEP PHYSICIAN	EMPLOYING STAFF IN THE HEALTH AND MEDICAL INDUSTRY
	Dr Dhan Thiruchelvam <i>Upper GI and Obesity Surgeon, Newcastle Weight Loss Surgery</i>	Dr Shyamala Pradeepan <i>Senior Staff Specialist, Department of Respiratory and Sleep Medicine, John Hunter Hospital and Sleep Medicine Medical Practice, Charlestown</i>	Continued  David Madden <i>Workplace Coach and Industrial Relations Specialist</i>
12.45pm	BINGE EATING DISORDER <i>(Accredited Activity Session)</i>	COMMON CAUSE OF INSOMNIA - RESTLESS LEG SYNDROME	PAYROLL TAX, STRUCTURING AND THE IMPACT OF THE PROFESSIONAL SERVICES RULES ON MEDICAL PRACTITIONERS
	Jodie Sheraton, Dietitian, Director, Myrtle Oak Clinic, Wallsend & Tuggerah & Dr Katherine Bartlett, Clinical Psychologist, Myrtle Oak Clinic, Wallsend & Tuggerah	Dr Alyssa Arnold <i>Respiratory and Sleep Physician, Newcastle Lung Group, Charlestown</i>	Megan Smith <i>Director of Business Services and Taxation Prosperity Health Group, Newcastle</i>
1.45pm	<b>LUNCH BREAK</b>		
2.30pm to 4.30pm	PANEL DISCUSSION (2 hour session) <i>(Accredited Activity Session)</i>	WHEN TO REFER FOR CANCER EVALUATION	CPR 2.30pm – 5.00pm (2.5 hour session)
	PANEL Dr Ehsan Mozafari, General Practitioner, Family Circle Medical Practice, Hamilton Dr Peter Berton, Senior Consultant Knee Surgeon, Newcastle Knee Clinic Kotara Dr Dhan Thiruchelvam, Upper GI & Obesity Surgeon, Newcastle Weight Loss Surgery Jodie Sheraton, Dietitian, Director, Myrtle Oak Clinic, Wallsend & Tuggerah Dr Katherine Bartlett, Clinical Psychologist, Myrtle Oak Clinic, Wallsend & Tuggerah Exercise Physiologist TBC	Professor Allan Spigelman <i>Hunter Family Cancer Service, St Vincent's Cancer Genetics Unit, Sydney (serving regional and rural NSW); UNSW St Vincent's Clinical School, Professor of Surgery and Consultant Cancer Genetics</i>	Simon Gould <i>Principal Instructor Medics for Life</i>
		RADIOTHERAPY AND LONG TERM COMPLICATIONS THAT GPs NEED TO BE AWARE OF	Fees apply \$77 Members and \$110 Non Members
		Dr Philippa Ell <i>Radiation Oncologist, GenesisCare, Gateshead</i>	Limited Spaces Available

# SUNDAY 7 AUGUST

8.00 am	Registration Desk Opens		
8.50am	<b>OBESITY RELATED CONSIDERATIONS IN PERSISTENT PAIN MANAGEMENT</b> (Accredited Activity Session)	OR	<b>ADULT ADHD</b>
	<i>Dr John Prickett</i> Specialist Pain Management Physician Northern Integrated Pain Management		<i>Dr Tarun Yadav</i> Psychiatrist, ProCare Mental Health Services, Waratah
9.55am	<b>IATROGENIC OBESITY</b> Managing to Bring Your Weight Down When Dealing With the Downside of Antipsychotics (Accredited Activity Session)	OR	<b>SUICIDE PREVENTION IN PRIMARY CARE</b>
	<i>Dr Geeta Chaudhary</i> Psychiatrist, New Lambton		<i>Katie McGill &amp; Kylie Redman</i> Senior Clinical Psychologists, Towards Zero Suicide Initiative, HNE MS
10.55am	<b>MORNING TEA BREAK</b>		
11.40am	<b>BARIATRIC SURGERY &amp; PREGNANCY NUTRITION</b> (Accredited Activity Session) <b>AND WEIGHT MANAGEMENT &amp; PCOS</b>	OR	<b>NERVE BLOCKS AND SPINAL INJECTIONS FOR CHRONIC PAIN AND EVIDENCE</b>
	<i>Dr Cathy Harbury</i> Weight Loss Surgery Dietitian, Surgery Central and Enlighten Nutrition <i>Ebony Crameri</i> Accredited Practicing Dietitian, Project Nutrition		<i>Dr Marc Russo</i> Pain Medicine Physician and Director, Hunter Pain Specialists, Broadmeadow
12.45pm	<b>WEIGHT MANAGEMENT IN CHILDREN AND YOUNG PEOPLE</b> (Accredited Activity Session)	OR	<b>CHRONIC PELVIC PAIN:                  A PERSPECTIVE ON DIAGNOSIS AND MANAGEMENT</b>
	<i>Dr Liz Percival</i> General Paediatrician, Medical Lead for Weight Management Service, John Hunter Children's Hospital		<i>Dr Ksenia Katyk</i> Obstetrician and Gynaecologist, Specialist Pain Medicine Physician, Maternity and Gynaecology and HIPS, John Hunter Hospital
1.45pm	<b>LUNCH BREAK</b>		
2.30pm	<b>PATHOPHYSIOLOGY OF OBESITY AND DIABETES DEVELOPMENT</b> (Accredited Activity Session)	OR	<b>COVID AND CARDIOVASCULAR ISSUES</b>
	<i>Dr Annalise Philcox</i> Staff Specialist Endocrinology and General Medicine, Calvary Mater Newcastle Waratah and Hunter Endocrinology, Adamstown		<i>Dr Mohammed Al-Omary</i> Cardiologist, Newcastle Heart and Staff Specialist Cardiologist, Maitland, John Hunter and Lake Macquarie Private Hospitals
3.35pm	<b>OBESITY AND MEDICATIONS</b> (Accredited Activity Session)	OR	<b>CVD PREVENTION:                  The Role of Risk Calculators, Coronary Artery Calcium Score, CTCA and Stress Testing</b>
	<i>Associate Professor Shamasunder Acharya</i> Director, Endocrinology and Diabetes, Clinical Lead, Diabetes Alliance, Senior Staff Specialist Endocrinology and Diabetes, John Hunter Hospital		<i>Dr Heather Cooke</i> Cardiologist, Newcastle Heart, Hamilton Staff Specialist Cardiologist, John Hunter Hospitals
4.35pm	<b>CONFERENCE CLOSE</b>		

# HPMI NEWCASTLE WEEKEND SPONSORS

HPMI wishes to thank  
**Conference Sponsors**  
**Valley to Coast Charitable Trust**



**Principal Sponsors**  
**Hunter Medical Research Institute**



**HNECC Primary Health Network**



**Session Sponsor**

**Newcastle Weight Loss Surgery**



**Hunter New England Local Health District**



**Hunter Primary Care**



## 2022 HPMI SPONSORS

HPMI is grateful to the following organisations who have become Sponsors **as at 16.06.20**

### Public Health Sector

Hunter Medical Research Institute  
 Hunter New England Central Coast PHN  
 Hunter New England Local Health Network  
 Hunter Primary Care  
 Valley to Coast Charitable Trust

### Specialist Groups

Dr Ross Kerridge  
 Dr Stuart MacKenzie  
 GenesisCare  
 Hunter Imaging Group  
 Hunter IVF  
 Newcastle Heart  
 Newcastle Skin Check  
 Northern Integrated Pain Management  
 Older Person's Medical Clinics

### Private Sector

Hearing Australia  
 Hunter Valley Private Hospital  
 Lake Macquarie Private Hospital  
 Newcastle private Hospital  
 Warners Bay Private Hospital

### Pharmaceutical Companies

Amgen Australia  
 Bayer Australia  
 Besins Healthcare  
 Chiesi Australia  
 Indivior  
 iNova Pharmaceuticals  
 Organon  
 Seqirus  
 Servier Australia

## HPMI NEWCASTLE WEEKEND REGISTRATION FEES

### COMPLIMENTARY REGISTRATION (excluding CPR Session)

**HPMI Members** (Thanks to Major Sponsors Valley to Coast Charitable Trust) General Practice Trainees (Supported by Valley to Coast Charitable Trust), Interns and RMO (Supported by the Hunter New England Local Health District), and Health Students

### NON MEMBERS *Medicos*

Attend Both Days	\$330
Attend Saturday or Sunday Only	\$220
Live Stream Both Days	\$330

### NON MEMBERS *Allied Health Professionals* (including Practice & Community Nurses/Practice Managers/ Practice Admin/AHP)

Attend Both Days	\$220
Attend Saturday or Sunday Only	\$155
Live Stream Both Days	\$330
Practice Admin Stream Only	\$110

### CPR SESSION Limited Spaces Available – Contact HPMI on 49138177

HPMI Members	\$77
HPMI Non Members	\$110



# 2022 HPMI NEWCASTLE WEEKEND - REGISTRATION FORM

SATURDAY 6 - SUNDAY 7 AUGUST

NEX, 309 King Street, Newcastle West 2302

RSVP Phone 02 4913 8163 or Fax 0249216467

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Contact Phone: \_\_\_\_\_ Email: \_\_\_\_\_

RACGP/ACRRM #: \_\_\_\_\_ Dietary Requirements: \_\_\_\_\_

SPECIALITY/OCCUPATION: \_\_\_\_\_

## CPD POINTS:

- I WISH TO COMPLETE THE 'TREATING AND MANAGING OBESE PATIENTS (ACCREDITED ACTIVITY
- I WISH TO RECEIVE ACRRM POINTS
- I WISH TO RECEIVE RACGP POINTS
- I WISH TO RECEIVE A CERTIFICATE OF ATTENDANCE

## SATURDAY 6 AUGUST

8.55 AM

- Plenary – Faecal Transplant and The Gut
- Employing Staff in the Health and Medical Industry

10.00 AM

- Non-Surgical Options
- Endocrine Update

11.40 AM

- Surgical Treatment of Obesity and Metabolic Disease
- Sleepiness and Fatigue

12.45 PM

- Binge Eating Disorder
- Insomnia
- Payroll Tax Practice Administration CPD

2.30 PM

- The Obese Patient (2 hour session)
- When to Refer for Cancer Evaluation Session and Radiotherapy Session
- CPR Session (2.5 hour session)

## SUNDAY 7 AUGUST

8.50 AM

- Obesity Related Consideration in Persistent Pain Management
- Adult ADHD

9.55 AM

- Iatrogenic Obesity
- Suicide Management

11.40 AM

- Bariatric Surgery & Pregnancy Nutrition and Weight Management
- PCOS
- Nerve Blocks and Spinal Injections

12.45 AM

- Weight Management in Children and Young People
- Chronic Pelvic Pain

2.30 PM

- Pathophysiology of Obesity and Diabetes Development
- Covid and Cardiovascular Issues

3.35 PM

- Obesity and Medications
- CVD Prevention

I AM

- HPMI Member
- HPMI Non Member – See below payment options

## PAYMENT OPTIONS

I WISH TO PAY BY

- Bank Transfer – Please call 02 4913 8163
- Credit Card by Phone – Please call 02 4913 8163
- Credit Card Online - Click <https://payments.newcastle.edu.au/OneStopWeb/HPMIStore/menu>

